

# On The Floor

Choreographer: Eve Lahesoo

Walls: 2

Counts: Phrased

Level: Intermediate Music: Pitbull feat. Jennifer Lopez – On the floor

Dance Pattern: AA BB TAG CC AA BB CC AA TAG BB CC

**Intro 64 counts, begin on lyrics**

## Part A

### Walk 2x, out-out, heels up and down, sailor step 2x

- 1 2 & Walk forward with Right, walk forward with Left, step out with Right to right [12.00]  
3 & 4 Step out with Left to left, lift both heels up, lower both heels  
5 & 6 Step Right back to left diagonaal, step Left next to Right, step Right out to right diagonaal  
7 & 8 Step Left back to right diagonaal, step Right next to Left, step Left out to left diagonal

### Walks back, out-out, heel twists double left and double right

- 1-2-3 Walk back with Right – Left - Right  
& 4 Step out with Left to left, step out with Right to right  
& 5 & 6 Lift Left heel and twist toward center,return heel, lift Left heel and twist toward center,return heel  
& 7 & 8 Lift Right heel and twist toward center,return heel, lift Right heel and twist toward center,return heel

### Side rock, behind-side-cross, side rock, sailor with ¼ turn

- 1 2 Side rock with Right to right, recover on Left  
3 & 4 Cross Right behind Left, step Left to left, cross Right over Left  
5 6 Side rock with Left to left, recover on Right  
7 & 8 Cross Left behind Right, step Right beside Left making 1/4 to left, step forward on Left [09.00]

### Rock forward, shuffle back, touch back bow down and up, hop

- 1 2 Rock forward with Right, recover on Left  
3 & 4 Step back with Right, step Left next to Right, step back with Right  
5 6 Touch Left toe back behind (bow down) , hold (recover from bow)  
7 8 Hop with 1/4 turn left (feet crossed Right over Left), [6.00]

hop landing with feet apart

## **Part B**

### **Rock forward, shuffle back, rock step, full turn**

- 1 2 Rock forward with Right, recover on Left
- 3 & 4 Step back with Right, step Left next to Right, step back with Right
- 5 6 Rock back with Left, recover on Right
- 7 8 Turn ½ Right stepping back with Left, turn ½ right stepping forward with Right

### **Rock step, mambo, hips and hands**

- 1 2 Rock forward with Left, recover on Right
- 3 & 4 Rock back with Left, recover on Right, step forward with Left
- 5 & 6 Bump hips left-right-left (hands in front, bent from elbows, going up and down together with hips)
- 7 & 8 Bump hips right-left-right (hands in front, bent from elbows, going up and down together with hips)

## **Part C**

### **Cross, side, back with heel 2x**

- 1 2 Cross Right over Left, step Left to left
- 3 & 4 & Step with Right diagonally back, step Left next to Right, step forward diagonally with Right heel, bring Right next to left
- 5 6 Cross Left over Right, step Right to right
- & 7 & 8 Step with Left diagonally back, step Right next to Left, step forward diagonally with Left heel,

### **Hitch, hitch with ¼ turn, coaster step, hitch, hitch ¼, coaster step**

- 1 2 Hitch Right knee, ¼ turn right with hitching Right knee
- 3 & 4 Step back with Right, step Left next to Right, step forward with Right
- 5 6 Hitch Left knee, 1/ turn left with hitching Left knee
- 7 & 8 Step back with Left, step Right next to Left, Step forward with Left

## **TAG**

- 1-8 With both hands make a figure of 8 or S in front of you, which ever comes more naturally